

Iron Builder Drink

Ingredients:

- 1 c. figs
- 1 c. raisins
- 1 c. prunes
- 1 c. apricots
- 1 c. black strap molasses
- 2-64 oz. jars grape juice
- 1 t. anise

Mix all in a big pitcher and leave in a warm place to soak overnight. Take 4 oz. in the morning and evening. Make sure to refrigerate after. Will last seven days refrigerated.

***Works well in pregnancy.**

I, Christine, can testify to that. My OB/GYN was amazed at the results! Praise the Lord!!!!

Link to my blog:

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/12/iron-builder-drink.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2018/08/iron-builder-drink.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/03/iron-builder-drink.html>